



Alexander N. Lamme

September 25, 1974 - April 11, 2013

Alexander N. Lamme, age 38 of Brambleton, Virginia, passed away in Chicago, Illinois, on Thursday, April 11, 2013.

Alex was born in Fremont on September 25, 1974, and graduated from Fremont High School in 1993. In high school, Alex was a letterman in track, football and basketball. He was a state gold medal 800 meter champion in track, and class valedictorian. He attended the University of Nebraska where he was a member of Sigma Alpha Epsilon fraternity. Alex was also a member of the cross country and track and field teams at the University of Nebraska, where he was a three year letterman in both sports. He was a two year GTE Academic All American in 1996 and 1997 respectively, and an NCAA Division I track and field first team All-American. Alex was a member of the national champion distance medley team as well as a member of a track team that finished second nationally. Alex was also a two time Drake Relays champion and a Kansas Relay Champion. Alex was elected by his teammates to serve as a member of both the UNL Student and BIG 12 Student Athlete Advisory Boards. During his time at the University of Nebraska he spent a semester at Oxford University in England. After graduating with high distinction from the University of Nebraska in 1997, Alex attended the University of Virginia College of Law, graduating in 2000. Alex was a partner with the law firm of Watt, Tieder, Hoffar & Fitzgerald LLC in McLean, Virginia, until March of this year. Alex began employment with Kiewit in Omaha on April 1st. Alex and his family were in the process of relocating to Omaha.

The Lamme family are members of Our Saviors Way Lutheran Church in Virginia.

Alex married Janae Kincanon in Fremont on August 2, 1997.

He is survived by his wife Janae and four children: Nicholas 13, Alexandra 10, Avery 5, and Alayna 2; parents Nick and Cheryl Lamme of Fremont, brother Bill (wife Sara) Lamme of Omaha, mother-in-law Nancy Kincanon of Fremont, grandmother-in-law Marcie Garrison of Fremont, brother-in-law Nate (wife Jodi) Kincanon of Weatherford, Oklahoma,

niece Kate Lamme, and nephews Will Lamme, and Taylor, Ryan and Zac Kincanon.

Funeral Services will be held Thursday, April 18, at 11:00 A.M. at First Lutheran Church. Pastor Al Duminy and Rev. Jay Gabb will be officiating.

Visitation will be Wednesday from 4:00 – 8:00 P.M. at Dugan Funeral Chapel with the family present from 5:00 to 7:00 P.M.

Memorials may be given to the Fremont Area Community Foundation to establish scholarships for a Fremont High School student and University of Nebraska track and field athlete in accordance with Alex's wishes.

Comments



“ Janae: My thoughts and prayers are with you, Nick, Alexandra, Avery, and Alayna during this difficult time. As all others have expressed on this site, Alex was an amazing person and a favorite Classroom of Discovery dad! He will be missed terribly.

Jackie Baker - August 22, 2013 at 12:00 AM



“ Janae, Nick, Alexandra, Avery, and Alayna: We are deeply sorry for your loss and our thoughts and prayers are with you during this time. Alex was a genuinely nice man and caring Father. Our deepest sympathy, June, John, Jack, and Finn McLain

June McLain - April 23, 2013 at 12:00 AM



“ Nick and Cheryl,
We are deeply sorry for the tragic loss of your son Alexander. There are no words we can say to comfort you during this devastating time, but please know that our deepest sympathy, love and prayers are with you and Alexander's family.

God bless you.

Pat & Karen Langan

Pat & Karen Langan - April 20, 2013 at 12:00 AM



“ I am devastated to hear the tragedy that happened with Alex. I wanted to write sooner, sat down a few time to start but did not find the words to express my feeling and sadness. I can't even imagine what the Lamme family must go through as parents and the pain Janae with the beautiful kids must suffer... My head is still spinning and no matter how many times I looked through those old pictures from Big8s, Drake Relays, Indoor Nationals etc., I still could not not get myself to write. I had to figure that there are just no right words at these trying times, only pain, and deep deep sorrow in my heart, and those nice memories which seem to be from yesterday and which will keep Alex in my mind and in my heart as long as I live!

I wish you all strength and faith at these tragic and trying times, my thoughts are with you and please know, that someone in Hungary will always remember Alex as a great and smart guy, a fun loving friend, a true Husker and a National Champion!

Balazs

Balazs Tolgyesi - April 19, 2013 at 12:00 AM



“ To the Lamme and Kincanon families, my sincerest condolences for the loss of your beloved son, brother, husband, father, and family member. My heart was broken when I received the news of his passing last week. My heart always has had a special place for Alex because he was one of those rare people who were extraordinarily talented but also worked hard in all areas of their life. In everything he attempted, he tried to do his very best. His success attaining his law degree from the University of Virginia and then his law career came as no surprise to me once he graduated from the University of Nebraska.

Alex always left a positive impression with everyone who knew him and the world was a much better place with him in it. It is sad that someone in the prime of his life is taken from us, but God always knows best. Although that does not lessen the pain of his loss, we have the confidence that God makes no mistakes in the grand scheme of life. The person Alex turned out to be was a direct result of the values instilled in him as a child. What a great tribute to Nick and Cheryl!

Personally I have so many great memories of Alex that I never want to forget. He always had a positive attitude and was a positive role model. I looked forward to having him come to practice and seeing his smile. His work ethic was really impressive. He was a great team leader for his fellow trackmen at Nebraska. He loved to compete and was a ferocious competitor. The bigger the competition the more competitive he was. I will never forget his 800 meter leg on the distance medley relay at the 1996 NCAA Indoor Championships. Alex, Balazs Tolgesi, Miklos Roth, and Jonah Kiptarus were so excited to win that relay and help Nebraska finish second place in the overall team standings.

The world is a much better place for the impact that Alex had on it during his 38 years here. May your memories in the future soon replace the sorrow that you are all feeling at this moment. Knowing Alex, He would want us to remember him for all the outstanding things he accomplished. I am thankful that I was among those who knew him well and we are all privileged for having had that experience.

Jay Dirksen - April 18, 2013 at 12:00 AM



“ Janae, kids, and family. We’re here for you – whatever you need.

I first met Alex on a little commuter jet on the runway in Cleveland, OH en route back to Charlottesville, VA. If memory serves, we each had aisle seats in the same row. We were both attending law school at UVA and interviewing for a summer position at Jones Day, a large law firm. I did not know Alex before heading out to Cleveland for the interview. But during one of my interviews with a partner, about half way through, the guy pulls out a piece a paper and says, “I just interviewed one of your classmates – Alex Lamme, do you know him?” I said I did not. He then handed me Alex’s resume (which is odd—usually doesn’t happen) and said, “What do you think?” “Impressive,” I told him, “You should give us both offers.” And the firm did. Alex ended up joining another firm; I joined Jones Day. But on that plane ride back to C-Ville I turned to the guy to my right and asked whether he was Alex. I told him he had a great resume, and then shared the story. That was the summer of 1998, and it kicked off an instant friendship. We became fast friends in law school, through equal parts studying, running, talking politics, and hanging out with Janae. (Okay, more running, politics, and hanging out than studying.) I remember when Nick was born, and how happy Alex and Janae were to welcome the little guy into their life. Same goes for Alex, Avery, and Alayna. Alex was the kind of guy who lit up a room. He seized every moment and was passionate about everything he took on. A great husband, father, and friend. My wife and I and our kids treasured the time we spent with Alex, Janae, and their kids. Whether it was our trips to NYC, our many-years-running annual Christmas Eve get-together at their place, or just impromptu visits or grabbing lunch or dinner. We’re all better off for knowing him. He will be missed. And not forgotten. His legacy lives on in everyone he touched.

Ryan Thomas - April 18, 2013 at 12:00 AM



“ Lamme and Kincanon families: It is with deepest and most sincere sympathies that I write this note on behalf of my family. Please know that all of you are in our thoughts and prayers during this extraordinarily difficult time. We savor the short time we had with Alex in life. He was a remarkable man, and we enjoyed spending time with him whenever we had the opportunity. We will guard him in our memories. Janae, Nick, Alexandra, Avery and Alayna, we will continue to cherish our friendship, even as time and distance separate us. Trust that we are here for you if you need us. Barry, Kathleen, Noah, Ben and Anna Zweig

The Zweig Family - April 18, 2013 at 12:00 AM



“ Nick, Cheryl & Family: I can not put into words the sadness I feel for the loss of your son. Alex was obviously a very intelligent, gifted and loved young man by all that knew him. Try to remember all of the good times you shared with your son. Again, I am truly sad for the unexpected and sudden loss of your son. God be with you during these sorrowful time and all your life. Joe Sok.

Joseph P. Sokolovsky - April 18, 2013 at 12:00 AM



“ Helen and I cannot even comprehend the depth of the grief that is being felt by Alex's family. Alex's death is such a tragedy We are praying for all of you.

Duane & Helen Krause - April 18, 2013 at 12:00 AM



“ Dear Nick and Cheryl,
So sorry to hear about the loss of your son. Our thoughts and prayers are with you and your family at this time.
Richard and Georgia Felt

Georgia Felt - April 17, 2013 at 12:00 AM



“ To Janae and children, Nancy K. and the Lamme family:
Janae: I am deeply saddened for your loss of your husband and the children's father.
May Jesus be with you and the children always.

Janice Pascoe - April 17, 2013 at 12:00 AM



“ The Lamme Family

My condolences to you all with the loss of Alex, an amazing competitor, a driven individual and a great guy to be around. My memories of Alex are the times we shared training and being teammates at Nebraska. Reading about what Alex has done beyond Nebraska comes as no surprise. Alex always attained his goals. My heart goes out to Janae and their children and I will continue to remember you all in prayer.

I do have to mention that I will never forget the excitement when Alex helped win the Distance Medley Relay National Championship. Coach Jay Dirksen told me before the race that he hoped Alex would get the baton around the track because he was nervous. As always, Alex did his part and ran a strong opening leg. That night Alex was beyond excited, and he earned it. Alex created a great legacy in a short time and I am blessed to know him.

Again, my prayers for the family and friends. Mike Myers and family

Mike Myers - April 17, 2013 at 12:00 AM



“ True friend are like diamonds hard to find but shine bright when found. Alex always had a glow to him and you knew he was in the room. Your friends and family will truly miss you but will always remember your strength, determination, love for your family , friendship and most of all sparkling smile when you spoke about your family. Our prayer and thought are with your family as they try to find peace with loosing you to soon. Jenea, Nick, Alexandra, Ava, little Lanie we are here for you.

Beaulieu - April 17, 2013 at 12:00 AM



“ I was so sorry to hear about Alex. I am keeping you and the whole family in my prayers at this difficult time. I am visiting Jodi's family this week in Kansas. God Bless you all.

Carolyn Welander - April 17, 2013 at 12:00 AM



“ My heart is saddened by Alex's sudden passing, I pray for some peace for his family and the strength to carry on each day. He touched many people and had amazing accomplishments. He will be missed and forever remembered. God bless you all!

Jodi (Welander) Fischer - April 17, 2013 at 12:00 AM



“ Know that you have our love and support - whatever you need!

Love,
Brad, Sharon, Austin, Preston, Tatem, and Lleyton Piver

Bradley Piver - April 17, 2013 at 12:00 AM



“ Nick, Cheryl and Janae,

Please accept my deepest sympathy on the loss of your son and husband. Words cannot express how badly I feel for all of you on the loss of such a brilliant and loving husband, father and son. Please know that our prayers and thoughts will be with you all. I pray that God gives you peace and comfort that Alex is in the Lord's presence. I hope this will help give you some understanding of Alex passing from this life far too soon.

Monte Schatz - April 17, 2013 at 12:00 AM



“ My thoughts and prayers go out to all of Alex's family and loved ones

Tom Krause - April 17, 2013 at 12:00 AM



“ We can not understand such a great loss as this. May God's loving hand help heal your sorrow and touch your heart with the Peace only He can give. In His words.... Peace I leave with you, My peace I give unto you.... Let not your heart be troubled.

My husband, Tim, was Nick's coach for the Reston Raider's Peewee2000 Blue 2012-2013 season. Along side of Nick's name in a book presented to each player is a quote..... Never give up, never back down, and never quit fighting. God Bless You and your lovely family.

Nan and Tim Bryan

Nan and Tim and Timmy Bryan - April 17, 2013 at 12:00 AM



“ Lamme Family,
Words fail us at this tragic time. We are so very sorry for your loss. Prayers and Peace to you always.

Jason, Betsy & Ashton Hemenway - April 17, 2013 at 12:00 AM



“ Janae, We are so saddened to hear of this devastating loss. Our love and prayers are with you and the children at this time. Alex was a lovely man and father. Our thoughts are with you. With love, Kim, Fred, Nick, and Alex Petrus

Kim Petrus - April 17, 2013 at 12:00 AM



“ Our thoughts and prayers go out to all the Lamme family. Alex was a very special person. He will always be remember in our hearts. Jery & Chris Donahue

Jerry Donahue - April 17, 2013 at 12:00 AM



“ Bill and Family we are praying for you. Lenny Stepanek and Family.

Lenny Stepanek - April 17, 2013 at 12:00 AM



“ From a person of few words at this time.
No person can understand your grief.
Ron

Ron Vlach - April 17, 2013 at 12:00 AM



“ So sorry for your loss, Bless you and your family.

Heidi M. Hall - April 17, 2013 at 12:00 AM



“ Nick, Cheryl and family, my sincere condolences to all of you at this time of great loss. Mere words cannot possibly express my sorrow. It is impossible to try to understand why people are taken from us at such an early time, but find comfort in knowing you were a very special part of Alex's life. I can only pray that God and your many happy memories will sustain and comfort you. You are in my thoughts and prayers.

Jo Pugsley Fortkamp - April 17, 2013 at 12:00 AM



“ Nick and Family,
I am sorry to hear of your loss. Please know your hockey Friends are thinking of you all at the hard time and will be in our prayers
Mark

Mark Sangster - April 17, 2013 at 12:00 AM



“ To the Lamme Family, to let you know that my thoughts and prayers are with you in your time of sorrow.

Laura C. Leach - April 17, 2013 at 12:00 AM



“ I immensely enjoyed working with Alex for the past several years. He was not only a great lawyer but was even a better friend. We will all miss him terribly. Jeff and Mary Fuchs

Jeff Fuchs - April 16, 2013 at 12:00 AM



“ Dear Janae, Nancy, Marcie: Please know that our thoughts and prayers are with you. May the God of comfort bring you peace and hope. In Christ, Paul and Donna Hoffman

The Rev. Paul E. Hoffman - April 16, 2013 at 12:00 AM



“ Our thoughts and Prayers to the Lamme and Kincanon Families, so sorry for your loss!

Bob Allan - April 16, 2013 at 12:00 AM



“ I first got to know Alex as a result of being a client of the Watt Tieder law firm. However, quickly became friends. I am stunned and saddened at the news of his untimely passing. Alex was a great attorney and even better friend. Our thoughts and prayers are with his entire family especially his wife and children.

Alan Pavlic - April 16, 2013 at 12:00 AM



“ To the Lamme family,

So sad to hear about Alex. We send our sincerest condolences to you at this difficult time.

God be with you.

Jeff & Joan Dyke

Joan (Boll) Dyke - April 16, 2013 at 12:00 AM



“ Nick, Cheryl, Family

It never seems fair, especially at a young age, to lose a loved one. My Deepest Sympathies. Mike Reis

Mike Reis - April 16, 2013 at 12:00 AM



“ Nick & Cheryl,

I am so sorry for your loss. There are not enough words to say to ease the pain. My thoughts & prayers are with you, your daughter-in-law and grandchildren during this difficult time.

"May the Sun Shine Bright and the Stars Bring Light as Alex Looks Over You Day and Night".

With Deepest Sympathy,
Patsy Kerschinske

Patsy Kerschinske - April 16, 2013 at 12:00 AM



“ Nick, Cheryl, Bill, and family - you are all in my thoughts and prayers. I am so sorry to hear of your loss. Please know, I am thinking of you all.

Lori Knoell - April 16, 2013 at 12:00 AM



“ Janae,

I'm so sorry for your loss. Thinking of you and your family. Lots of hugs to you.

Jackie

Jackie Fink Genovesi - April 16, 2013 at 12:00 AM



“ Dear Lamme Family,

I am so sorry to hear about your loss. I can't express how sorry and sad I am for you and your family. Please know you are in my thoughts and prayers.

Ellen Perka

Ellen Perka - April 15, 2013 at 12:00 AM



“ Janae,
We are deeply saddened by your loss. You are in our thoughts and prayers at this difficult time.
Love, Mark, Paula, Sam and Matthew Kukulich

Paula Kukulich - April 15, 2013 at 12:00 AM



“ WE ARE SO SORRY TO HEAR ABOUT ALEX THERE ARE NO WORDS THAT CAN DESCRIBE YOUR PAIN RIGHT NOW BUT KNOW THAT YOU ARE IN OUR PRAYERS AND THOUGHTS

JUDY AND CURT ROHRIG - April 15, 2013 at 12:00 AM



“ To the Lamme family, we are so saddened to hear of Alex's unexpected death. He was such an exceptional young man, and we have many wonderful memories of watching him at the Fremont track meets in the 1990s with our son, Brady. Our prayers go out to all of you who shared in Alex's life. Steve and Janet Wimer

Stephen Wimer - April 15, 2013 at 12:00 AM



“ Cheryl, Nick and family,
Words alone, I know do not explain the feeling of loss that you as a family are experiencing. My heartfelt sympathy is extended to all of you. May God hold you all close and guide you to a happy place filled with wonderful memories. Take peace knowing you blessed us all with a wonderful son father, and husband. That handsome, Linden school, blonde haired boy is a happy, inspiring memory for me and other Leopards! Strength and love and peace to all of you.

Linda Campbell Schlapfer - April 15, 2013 at 12:00 AM



“ We are so sorry for your loss. You are in our hearts and prayers always. The Bishops

Theresa Bishop - April 15, 2013 at 12:00 AM



“ Nick, Cheryl and extended family, We are so sorry to hear about Alex. He was a great young man. May your strength guide you through these hard times. Don and Elke

Don and Elke Dickmeyer - April 15, 2013 at 12:00 AM



“ Janae and kids, Nick, Cheryl, Bill and family my prayers and thoughts go out to all of you at this time.

For me, Alex was more than just a friend. He was someone that I had a huge amount of respect for in many different ways and to be honest made me look at life in a different way.

Just a few examples:

I remember in high school when he ran the 800, everyone, including myself used to think he was crazy due to the fact that every time he went out and ran that race he would run it to the point that he would get sick...He wasn't crazy...instead it was that he already had a vision that reached further than a lot of us could understand at that time, which was that you don't get nothing in life without challenging/pushing yourself to the ultimate limit.

I had the opportunity to visit Alex and Janae in Virginia and I remember Alex telling me about the competitiveness within the school ect..but it didn't even phase him because he knew what he had and what his ultimate goal was...and he was going to go out and run that 800 against anyone that wanted to challenge him....and he did just that in school, later in his career, and in his life in general with his family!

Alex, you will be remembered in many ways. As a Husband, Father, Son, brother, friend, track star, scholar, lawyer and more.

For me, I will remember you as a friend and although I may have never told you this, as one of the persons in my life that that made me look at life in a different way...Set your Goals and Go after what you want in life!

Chris Dieckmann

Chris Dieckmann - April 15, 2013 at 12:00 AM



“ To say we are sorry seems so inadequate for this loss of a son, brother, husband, father. Our hearts and prayers are with the families.

Jackie Athy - April 14, 2013 at 12:00 AM